



201 Chestnut Avenue
PO Box 352
Altoona, PA 16603-0352

**To make a gift today,
please call or go online:**

**1.855.GIVE.HNA (1.855.448.3462)
homenursingagency.com**

For more information about
Foundation Mission Grants please contact:
Kim Helsel, Director of Development/
Marketing Communications,
at 814.947.7024 or email
foundation@homenursingagency.com



YOUR
GIFTS
at WORK

AWARDED
MISSION GRANTS
2018-2019

The official registration and financial information of Home Nursing Agency may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. If you would like to be removed from our mailing list please contact the Home Nursing Agency at 1-800-992-2554.

UPMC
LIFE CHANGING MEDICINE

**YOUR
SUPPORT
GIVES HELP
WHEN IT'S
NEEDED
MOST.**



**THANK
YOU!**



Every day we have the opportunity to make a difference for another person.

Maybe it's in holding the door for a stranger... offering a smile to someone you pass...or giving a donation to Home Nursing Agency.

When you support your friends and neighbors through Home Nursing Agency, you are helping them to access help in the difficult seasons of life when a helping hand is desperately needed - and greatly appreciated.

In the remainder of 2018 and throughout 2019, \$234,025 of your support is being used to directly impact patients, clients, families, and communities right here in West Central Pennsylvania through 31 grants.

These services directly touch more than 20,000 people each year, and your support impacts many of these lives directly, as demonstrated in this report. The highlighted program stories provide personal examples of how your donation is making a difference.

"Your Gifts At Work" shows the scope of our community's need, the power behind every contribution, and the hope that together we are improving the quality of life. For a detailed listing of 2018-2019 Foundation Mission Grants, please visit homenursingagency.com, How You Can Help tab.

FAMILY HOSPICE

Enhancing Quality of Life

As 95-year-old Robert* dealt with advancing bladder cancer, he had a difficult time adjusting to his limited abilities. Having spent decades being independent and enjoying hands-on projects, he faced depression and sadness, questioning his worth in this final season of life.

Your donations funded the purchase of a birdhouse kit that not only occupied his time in a meaningful way, but also renewed a sense of purpose in life. His social worker shared, "This wood project gave him the opportunity to renew his feelings of self-worth and dignity as he completed the activity."



HOME HEALTH

Simple Solution Enables Medication Management

For anyone dealing with a chronic illness, taking medications as prescribed is essential in managing symptoms and overall health. Imagine trying to remember your medications living alone as a 57-year-old with memory impairment, amnesia, and deafness. That was life for Blair County Home Health patient Susan*. Your donations funded the purchase of a specialized hearing impaired pill planner to alert Susan when it's time to take her medications, keeping her on track with meds and allowing her to live independently at home.

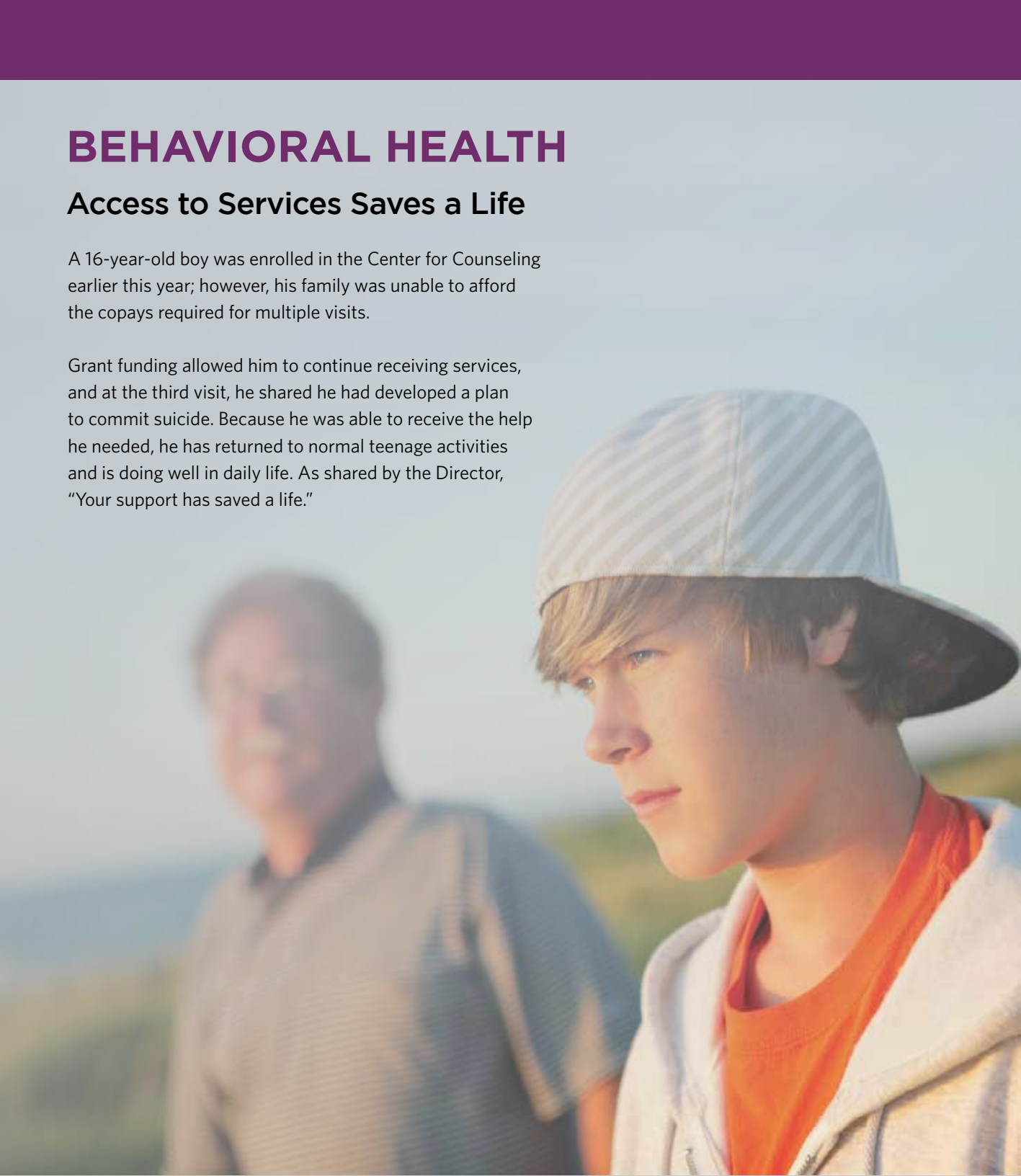
**Names have been changed to protect confidentiality.*

BEHAVIORAL HEALTH

Access to Services Saves a Life

A 16-year-old boy was enrolled in the Center for Counseling earlier this year; however, his family was unable to afford the copays required for multiple visits.

Grant funding allowed him to continue receiving services, and at the third visit, he shared he had developed a plan to commit suicide. Because he was able to receive the help he needed, he has returned to normal teenage activities and is doing well in daily life. As shared by the Director, "Your support has saved a life."



AWARDED MISSION GRANTS 2018/2019

July 1, 2018 - December 31, 2019

HOSPICE, HOME HEALTH, AND COMMUNITY SERVICES

FAMILY HOSPICE AND PALLIATIVE CARE

Serving people with life-limiting illnesses and their caregivers by addressing one's physical, emotional, and mental health needs

\$27,125 to fund the following:

- patients' emergency funding for utilities, food, medications, and other essential items such as bed sheets and pillows
- educational materials for both patients and caregivers, including large-print booklets and Bibles
- stationery and other items for providing extended support to bereaved family members after the patient's passing
- life enrichment opportunities for patients, like an anniversary meal for a patient and spouse or a television for a patient with no other means of entertainment
- recognition of volunteers for their gifts of time and presence to support patients and caregivers
- day-long retreat for widows in Blair and surrounding counties

HEALING PATCH

Providing free services for grieving children and their families at two locations, schools, and throughout the community

\$45,000 to fund family group sessions and facilitation of in-school groups for children who do not have access to family groups or other grief resources

HOME HEALTH

Specialized care including nursing and therapy after an injury, illness, or surgery impacting the quality of one's life

\$6,000 to support emergency funding of essential items for patients, such as nutritional supplements, medications, and one-time funding for utility or fuel costs

PEDIATRIC HOME CONNECTION

Caring for medically fragile children who are technology-dependent or dealing with chronic and life-limiting conditions

\$4,500 to cover additional shifts of nursing care for family respite and therapeutic items, such as special cribs and high chairs, that support the child's comfort and education

ADULT DAY SERVICES

Day program for seniors who cannot remain safely at home alone and can benefit from daily supervision, social interaction, and clinical oversight

\$3,800 to purchase sturdy, reliable chairs with arms for clients at the Ebensburg Center

AIDS INTERVENTION PROJECT (AIP)

Supportive program and case management for adults with HIV/AIDS

\$4,500 to assist with transportation, utilities, and personal and hygiene products for individuals affected by HIV/AIDS and living below the poverty level

EARLY INTERVENTION

Therapy-based program to help children ages 0-3 who are experiencing developmental delays

\$5,250 to provide the following:

- feeding equipment, communication boards, developmental/therapeutic materials such as adapted walkers and standers for children with multiple disabilities

NURSE-FAMILY PARTNERSHIP®

Mentorship program for first-time mothers and their babies through the child's second birthday

\$25,000 to support expanded access to service in Cambria/Somerset Counties

BEHAVIORAL HEALTH

ACEL (ADULT CENTER FOR EXCEPTIONAL LEARNING)

Day program for adults with physical and intellectual disabilities

\$5,700 to support the involvement of local artists that will allow clients to improve their quality of life through art, dance, and music

ADULT BEHAVIORAL HEALTH SERVICES

Treating adults diagnosed with mental health disorder or co-occurring disorder

\$16,650 to provide the following:

- Drug & Alcohol treatment for those who could not otherwise pay for services due to lack of insurance or high copays/deductibles
- funding for unexpected emergencies, household/personal hygiene products, clothing, and bus passes for clients to travel to program sites for services
- art therapy supplies, such as paints and clay, for creative expression and release

CENTER FOR COUNSELING

Treating children and adults diagnosed with mental illness

\$37,500 to provide access to treatment for those who could not otherwise pay for services due to lack of insurance or high copays/deductibles

UPMC BEHAVIORAL HEALTH OF THE ALLEGHENIES

CHILDREN'S BEHAVIORAL HEALTH SERVICES

Serving children and adolescents who are diagnosed with a mental illness, such as post-traumatic stress disorder (PTSD), bipolar disorder, and attention deficit hyperactivity disorder (ADHD)

\$34,250 to provide the following:

- personal and hygiene products and other essential items for children and their families receiving mental health services
- access to community and school-based activities to promote active participation and positive interaction with others
- incentive prizes to reinforce positive behaviors through a rewards system
- financial assistance with travel/lodging expenses and gas cards for families whose children have critical medical needs and require out-of-area medical treatment
- rental of a van to transport youth to and from treatment throughout the summer when there is no other transportation option
- balanced and nutritious foods for the youth in the program to eat during the day and to take home for the weekend

LEXINGTON HOUSE

Psychiatric rehabilitation program (Clubhouse) providing meaningful work opportunities for mental health clients

\$1,250 to provide funding for the necessary tools, lumber, soil, and plants for the creation of two vegetable gardens that will provide fresh produce for daily lunches and brighten the outdoor space

OPPORTUNITY CLUB

Community effort providing a stress-free, stigma-free atmosphere for adults who are diagnosed with a mental illness or co-occurring disorder

\$2,500 to support community activities that allow for peer-to-peer interaction